What is...? Why did...?

How often...? Who was...?

Where did...?

REMEMBER

• WHAT IS THE MAIN IDEA OF?

• CAN YOU EXPLAIN...?

• HOW DOES THIS SHOW THAT...?

UNDER- STAND

• WHAT IS THE BEST ANSWER...?

• HOW WOULD YOU TRANSLATE...?

▶ HOW WOULD YOU CONNECT WITH?

▶ CAN YOU IDENTIFY WHEN...?

▶ COULD YOU RELATE THIS FACT TO...?

▶ HOW COULD YOU MAKE USE OF...?

3. APPLY

①

②

PITCH ▶▶

CAN YOU INVENT A...?

HOW WOULD YOU IMAGINE ***?

HOW WOULD YOU CREATE A...?

CREATE

6.

5.

How would you investigate that...?

Can you discover how...?

⊶ ANALYSE

Compare with... how would you...?

What motive could be behind...?

HOW WOULD YOU PLAN FOR...?

Eval | uate

- Can you explain why...?
- How would you judge...?

- What is the value of...?
- What would you recommend?

▪ REMEMBER ▪ UNDERSTAND ▪ APPLY ▪ ANALYSE ▪ EVALUATE ▪ CREATE ▶ PITCH ◀

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► WAKE UP ON TIME

► PLACE MATERIALS TOGETHER

► USE COLOUR CODING

► WHEN ARE YOU YOUR BEST?

► SOMETIMES YOU FAIL

► SET DAILY TASKS

►PLAN►►

►TAKE/READ NOTES

► CLEAR WORKING PLACE
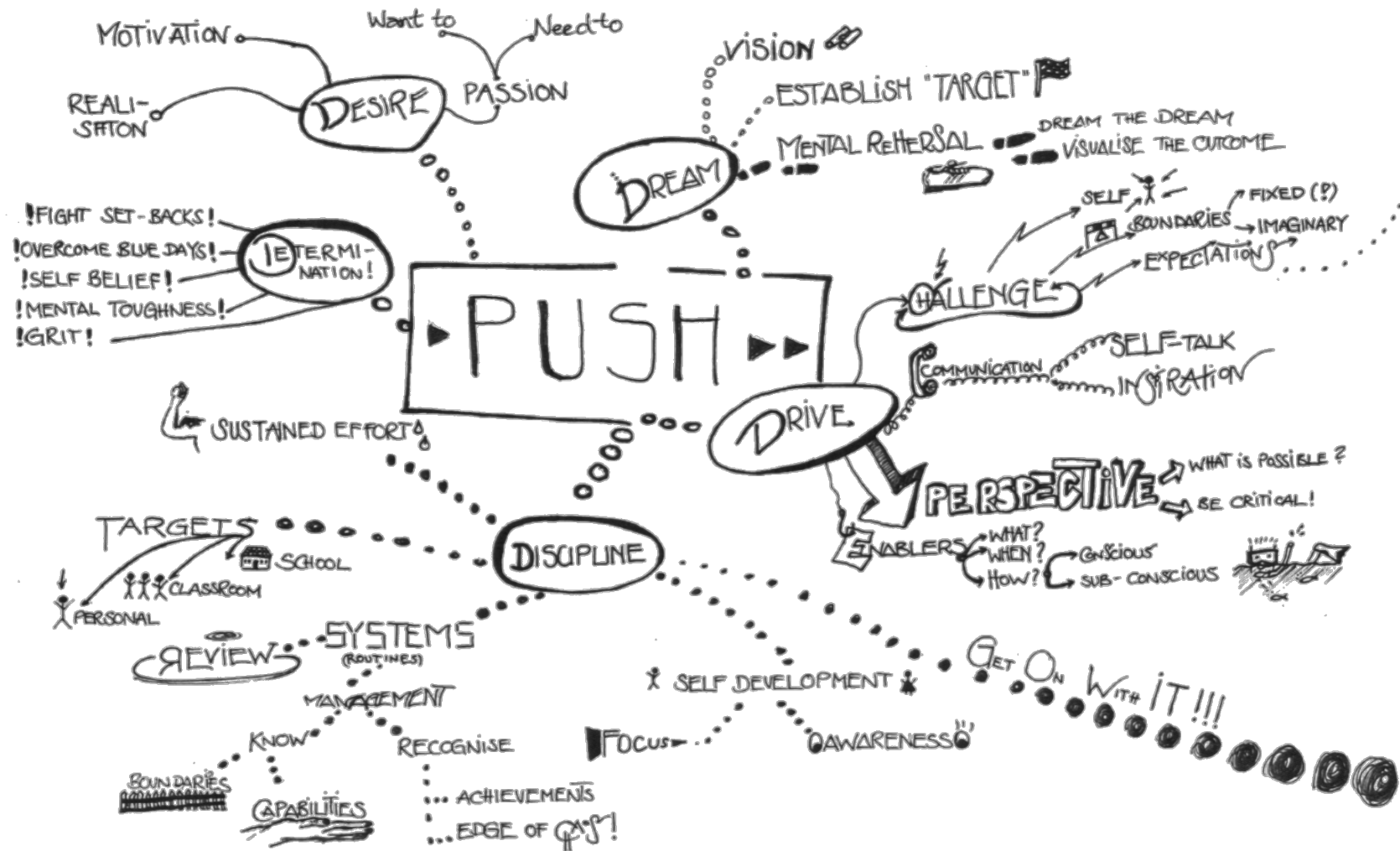
► BREAK INFORMATION DOWN

► TURN OFF DISTRACTIONS

► USE REMINDERS

► SLEEP

"THE SECRET OF ALL VICTORY LIES IN THE ORGANISATION OF THE NON-OBVIOUS" (Marcus Aurelius - Roman Emperor, AD 121-180)

MOTIVATION — Want to — Need to

REALI-SATION — DESIRE — PASSION

VISION

ESTABLISH "TARGET"

MENTAL REHERSAL — DREAM THE DREAM — VISUALISE THE OUTCOME

DREAM

!FIGHT SET-BACKS!
!OVERCOME BLUE DAYS!
!SELF BELIEF!
!MENTAL TOUGHNESS!
!GRIT!

DETERMI-NATION!

SELF — BOUNDARIES — IMAGINARY
FIXED (?)
EXPECTATION

CHALLENGE

PUSH ►►

COMMUNICATION — SELF-TALK — INSPIRATION

SUSTAINED EFFORT

DRIVE

PERSPECTIVE — WHAT IS POSSIBLE?
BE CRITICAL!

ENABLERS — WHAT? WHEN? HOW? — CONSCIOUS — SUB-CONSCIOUS

TARGETS — SCHOOL
PERSONAL — CLASSROOM

DISCIPLINE

REVIEW — SYSTEMS (ROUTINES)

MANAGEMENT

KNOW — RECOGNISE

SELF DEVELOPMENT

GET ON WITH IT !!!

FOCUS — AWARENESS

BOUNDARIES
CAPABILITIES

...ACHIEVEMENTS
...EDGE OF CHAOS!

- Growth Mindset

  - Carol Dweck, Mindset: 'Verander je manier van denken om je doelen te behalen.'

- Technical vs Adaptive Challenges

  - https://www.sgaumc.org/files/files_library/technical_vs_adaptive_challenges.pdf
  - https://www.greatschoolspartnership.org/technical-problem-or-adaptive-challenge

- Motivation

  - Daniel Pink, 'Drive, The surprising truth about what motivates us.'
  - Mathew Syed, 'Bounce, The myth of talent and the power of practice.'
  - Matthew Syed, 'Black Box Thinking, Marginal Gains and the Secrets of High Performance.'

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